

For more
information
contact
the 302 M&FR
Office
719-554-2944



PROGRAMS

- *Transition Assistance
- *Deployment Support
- *Relocation Assistance
- *Employment Assistance
- *Federal Voting
- *EFMP
- *Key Support Liaison
- *Assistance Air Force Aid
- *Personal Financial Readiness

for more info



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**302 Military
& Family
Readiness Office**

Resources Nationwide

Regardless of your military status (TR, AGR, Title 10 orders) or geographic location, you and your loved ones have access to helpful support and resources nationwide.

Tricare – www.tricare.mil

Finances – www.saveandinvest.org

Voting – www.fvap.gov

National Suicide Prevention Lifeline

24/7 hotline: 1-800-273-8255

Resilience - www.resilience.af.mil



RESOURCES

* \$4000 Scholarships for Military Spouses
mycaa.medcertify.com

*Career Coach for Mil Spouses
myseco.militaryonesource.mil

*Personal Financial Counselor
Steven King 719-313-3775
pfc.cosprings@magellanfederal.com

*Free Childcare During UTAs
Ms. Janet Martineau
janet.martineau@spaceforce.mil

302 M&FRO MISSION

To provide targeted Airmen and Family support and services by contributing to mission readiness and the well-being of the Air Force community

